



## ACTH Stimulation Test

### Patient Instructions

- You will be given a prescription for cosyntropin. This will need to be filled prior to the day of your testing appointment.
- Do not eat for 12 hours prior to the test. You may have water.
- Do not take any steroids (hydrocortisone, prednisone, dexamethasone) for at least 12 hours prior to the test (please let your doctor know if you are taking a steroid).
- On the day of the test, you will be given an IV dose of cosyntropin (ACTH).
- Your blood levels of adrenal hormones will then be measured after 30 and 60 minutes to monitor your adrenal glands' response to ACTH.

**Amer Al-Karadsheh, MD; Daniel Tung, MD; Christina Michaelis, MD; Saritha Mittadodla, MD;  
Samir Ouais, MD; Prashant Koshy, MD; Maria Lee, MD;**  
10837 Katy Freeway Suite 200  
Houston, TX 77079-2212

**\*\*\*Please use our website for medication refills or follow-up appointment requests\*\*\***

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