

3-hour Oral Glucose Tolerance Test Patient Instructions

- Do not restrict carbohydrate intake for the 3 days prior to the test.
- Do not eat for 12 hours prior to the test. You may have water.
- On the day of the test, you will be given a sugar-containing solution to drink.
- Your blood sugar will be measured every hour to monitor your body's response to sugar.

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Please use our website for medication refills or follow-up appointment requests