



RECLAST INSTRUCTIONS FOR PATIENTS

- To minimize a small risk of jaw infections, avoid scheduling your reblast in close proximity (within 6-8 weeks) of major dental procedures (not including routine teeth cleaning), or while you have an oral infection or toothache.
- Let our office know if you are currently taking any other medication for osteoporosis, such as: Zometa, alendronate (Fosamax), Actonel, Boniva, Forteo, or Prolia
- Let our office know if you are currently receiving treatment for cancer.
- You should not take reblast if you have significant kidney disease. We will require a recent test of your kidney function prior to scheduling the infusion.
- On the day of the infusion, you may eat and take your medications as usual.
- The infusion will be done through an IV, and will take approximately 15 minutes.
- You may notice mild flu-like symptoms for 1-2 days following the infusion, which should be mild and may include low-grade fever. You may take Tylenol as needed, but contact our office if symptoms are severe.

**Amer Al-Karadsheh, MD; Daniel Tung, MD; Christina Michaelis, MD; Saritha Mittadodla, MD;
Samir Ouais, MD; Prashant Koshy, MD; Maria Lee, MD;**
10837 Katy Freeway Suite 200
Houston, TX 77079-2212

*****Please use our website for medication refills or follow-up appointment requests*****

www.endocrinecenterhouston.com